

Pondělí	14				15				16				17				18				19				20			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Velký Sál					Flowin Dynamic studenti Monika				Jumping studenti Pepa				Jumping Pepa				Chi-toning Radka				Dance Fever Ondra				Jumping Cardio Eva			
Malý Sál					Jóga pro děti Lenka				Flowin Dance Fever Ondra				Fitball + Bosu Monika				Pilates Pepa				Bosu Aerobik Denisa							
Horní Sál									Pilates Institute Monika				Powerjóga Ondra								Pilates Pepa							
Úterý	14				15				16				17				18				19				20			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Velký Sál					Jumping studenti Pepa				Dance Pilates Štěpán				Jumping Vlasta				Jumping Cardio Pepa								Zumba Monika G.			
Malý Sál									Flowin® Dynamic studenti Michal				Pilates Institute Michal				Flowin® Core Michal				Pilates Institute Michal							
Horní Sál									Flexi-bar+Bosu Pepa				Pilates Štěpán				Powerjóga 50+ Lenka				Powerjóga Lenka							
Středa	14				15				16				17				18				19				20			
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Velký Sál	Jumping studenti Silva								Cvičení pro děti				Jumping Pepa				Bosu Aerobik Štěpánka				Jumping Cardio Štěpánka				Jumping Eva			
Malý Sál					Pidi Aerobik děti 3-6 let				Chi-toning Michal				Flowin® Dynamic Michal				Pilates Kurz 28.7.-15.9.				Powerjóga Michal							
Horní Sál													Gravidjóga Lenka															
Čtvrtek	14				15				16				17				18				19				20			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Velký Sál					Jumping studenti Pepa				Flowin® Dynamic studenti Pepa				Bosu Fitness Markéta				Jumping Pepa								Jumping Silva			
Malý Sál									Cvičení pro děti				Pilates Monika				FLOWIN® Dynamic Monika				Bosu Pilates Monika							
Horní Sál																	Powerjóga Lucie H.											
Pátek	14				15				16				17				18				19				20			
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Velký Sál									Pilates Pepa				Flowin® Dynamic Pepa				Jumping Janetta				Latin Dance Petra							
Malý Sál																	Flexi-bar + Bosu Pepa											
Horní Sál																												
Sobota	14				15				16				17				18				19				20			
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Velký Sál													Jumping Janetta															
Malý Sál																												
Horní Sál																												
Neděle	14				15				16				17				18				19				20			
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Velký Sál													Zumba Lola				Jumping Cardio Janetta				Jumping Janetta							
Malý Sál																												
Horní Sál																	Powerjóga Lucie H.											